

**THE ANIMAL
ACTIVITY**

These questions are used in conjunction with a personality profile activity to help team members identify their personality type in a fun, interactive format.

It is recommended that this activity be used in conjunction with an actual personality profile test. I recommend either the DISC or the SELF....further information about each can be obtained by emailing me via my website site link Contact Us at www.joanncorley.com.

Feel free to add your own questions depending on the need of the team to build unity, promote understanding and respect.

QUESTIONS:

1. What 3 qualities does your animal/personality bring to a team to help a team be successful?
2. In a team environment, what are 2 perceived negatives of your animal/personality?
3. Of the other 3 animals, what animal frustrates your animal the most and why?
4. What are 3 tips on the best way to approach and communicate with your animal in a team environment?
5. Identify 3 qualities for each of the other animals that you really appreciate about them.

Debrief:

- Usually the behaviors we say irritate us are the same ones we appreciate.
- Eliminate judging or labeling behaviors....any behavior in a certain context is useful.
- Usually behaviors considered weaknesses or turn-offs to other teams members are usually a "strength to excess".
- Coach behaviors to outcomes - take it out of the framework of good or bad / right or wrong.